



Health Information Exchange Makes Your Health Care Safer, Easier, and More Efficient

As California's largest non-profit health data network, Manifest MedEx (MX) provides the data clinicians need to make informed decisions with confidence. By securely bringing together clinical records, claims data, and permitted behavioral health and social care data, MX provides a high-resolution view of a person's health journey.

How Health Information Exchange Helps You

MX provides your care team with electronic access to shared health records, supporting safer and more effective care. This allows them to:



Keep your primary care doctor and other providers informed about changes in your health.



Provide your doctors with access to recent lab results, medications, allergies, and other key health information to inform your care and avoid unnecessary repeat tests.



Support faster follow-up from your primary care doctor after hospitalization.



Ensure your doctors and care teams have immediate access to critical medical information during emergencies.



4,000+
HEALTHCARE
ORGANIZATIONS

190+
HOSPITALS

20+
HEALTH
PLANS

53M
INDIVIDUAL
RECORDS

FAQs About Health Information Exchange

✓ What is Manifest MedEx?

MX is California's largest nonprofit health data network, securely and appropriately exchanging 53M+ health records to optimize health. We bring together clinical, claims, and certain permitted behavioral health and social care data to empower equitable, whole-person care for every community.

✓ What type of health information is sent to MX?

A person's longitudinal health record in MX includes allergies, visit history, medications, appointments, insurance information, clinical documents, laboratory results, immunizations, and radiology reports. It may also include social drivers of health information, like social care needs and referrals. To make sure health information is entered into the right record, the system also includes name, address, date of birth, gender, phone number, and medical record numbers from the sites of care.

✓ Who has access to my information in MX?

Providers, hospitals, health plans, public health departments, and/or other entities may exchange data with Manifest MedEx as permitted under HIPAA and required by law. Only the organizations that have a relationship with you are allowed to view your health information. Within the MX portal, only authorized users within an organization are allowed to access your health information.

✓ How to Opt-Out

Participation with MX is voluntary. Your choice to participate or not will not affect your ability to access medical care. As with any electronic system, there is a risk of unauthorized access or misuse of information. MX has successfully met the requirements of HITRUST CSF® certification for more than consecutive years, demonstrating the highest levels of security in the healthcare industry.

If you feel that the risks outweigh the benefits, you may choose not to participate, or "opt out." When you opt out, MX removes access to your health information and displays only the demographic information needed to make sure no health information is visible. You can opt out of the system at any time.

You should understand that this opt-out means your medical information will not be visible through MX to help your participating caregiver coordinate your care, regardless of the clinical site you visit. To opt out, visit www.manifestmedex.org/opt-out/ or call (510) 683-1313.

Your opt-out does not apply to the exchange of information that MX supports between plans and providers for purposes of authorizing services for you.

✓ Can I Change My Mind After Opting Out?

You're welcome to choose to participate again anytime. You may opt back in by filling out an online form at www.manifestmedex.org/rescind-opt-out/ or call (510) 683-1313.

✓ Notice of Privacy Practices

This Notice of Privacy Practices explains how Manifest MedEx, a nonprofit health information exchange, helps providers electronically share patients' personal health information with each other. Sharing health information this way helps ensure that providers have as complete a record as possible when they are treating a patient.

For more information, email info@manifestmedex.org.

