# The Country's Largest Network of Independent Primary Care Organizations Utilizes ADTs to Improve Care Coordination and Reduce Costs

## Background

Founded in 2014, Aledade is the largest network of independent primary care organizations in the country, helping primary care practices, Community Health Centers (CHCs), Federally Qualified Health Centers (FQHCs), and health clinics deliver better care and thrive under value-based care. Together with 1,500+ practices in 46 states and the District of Columbia, Aledade shares in the risk and reward across more than 150 value-based contracts and is responsible for two million patient lives under medical management.

Since launching in California in 2020, California Aledade (CAledade) has experienced 10x growth with 181 practices and six Accountable Care Organizations (ACOs), representing 240,000 lives and $3.25 billion dollars in medical spend under management (MSUM).

Success in value-based care requires Aledade providers and care teams to be updated on changes in the status of their patients so that the right care can be provided at the right time. Aledade relies on admission, discharge, and transfer (ADT) notifications to enable clinicians to see when a patient has visited the emergency department (ED) or been discharged from the hospital to their home. This helps initiate timely post-discharge follow-up to reduce ED readmissions and decrease the number of patients going back to the ED unnecessarily.

## Solution

To get more ADTs in California, Aledade joined Manifest MedEx, California's largest nonprofit health information organization, in 2020. As of 2023, 35 of CAledade's practices are participants in Manifest MedEx, representing almost 60,000 patients, and $780 million dollars in MSUM.

MX delivers more than 1.5 million ADTs per month across a network of more than 1800 providers, 125 hospitals, and 14 health plans. Notifications for CAledade's patient panel are integrated into the Aledade App, allowing clinicians to see when a patient has visited the ED or has been discharged from a hospital to their home and the level of follow-up required.

The utilization of ADTs supports transitional care management (TCM) to improve care coordination, prevent avoidable readmissions, and reduce costs. Approximately 1 in 7 TCM follow-ups prevent hospitalization, which saves approximately $15,000 in medical spending per admit.
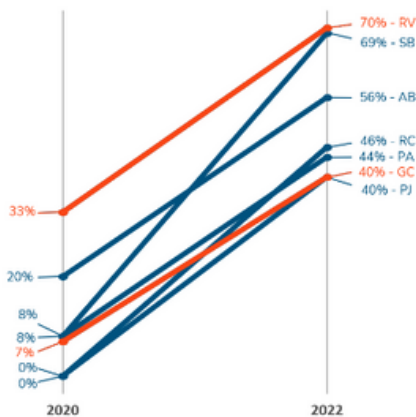
In 2022, ADTs provided by MX triggered approximately 2,000 TCM visit follow-ups and around 2,400 ED follow-ups, resulting in approximately $4.2 million dollars in savings while improving the quality of life and clinical outcomes for patients.

Prior to partnering with Manifest MedEx, many practices within the Aledade network did not receive timely notifications informing them about details of a patient's discharge, including when, where, and why the patient was admitted to and/or discharged from the hospital. ADT notifications from MX closed this gap for several CAledade practices by delivering timely and more robust ADT information into their TCM workflows, helping practices like the two anonymized below, "GC" and "RV," to increase their TCM rates by 33% and 37%, respectively.
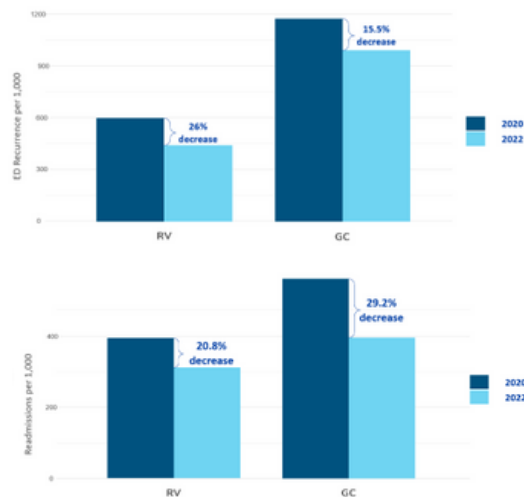
This correlated to a 29.2% and 20.8% decrease in ED readmissions per 1,000 patients for GC and RV, respectively (risk-adjusted and normalized) over three years, and a 15.5% and 26% decrease in ED recurrence (normalized per 1,000), respectively. In raw data, this equates to a combined 393 lives and a total potential savings of approximately 5.8 million dollars.

These statistics speak to the value and critical role of ADT notifications from MX in improving TCM workflows to impact patient lives and reduce costs.

Improved Transitional Care Management



Reduction of ED and Inpatient Hospital Readmissions



**For more information on how your organization can utilize admission, discharge, and transfer (ADT) notifications to improve transitional care management, please visit us at www.manifestmedex.org or contact us at info@manifestmedex.org.**

*"In clinical outcomes, quality of life, and total cost of care, coordination of care through ADT's are key and critical. It is hard to believe that 5-10 kb of data can change someone's life!"*

*"As an organization committed to the deliverance of value-based care, it is our job to wrap our arms around our patients and positively impact their health outcomes. To be able to do this requires information, and partnering with a health information organization to gain access to real-time data like ADTs makes all the difference."*

- Gavin White, Market President, Aledade