

Manifest MedEx Individual Access User Guide

At Manifest MedEx, we make it easy for patients to have *electronic access* to their health records to support their health and wellbeing. Having real-time access to health records enables patients to better coordinate care with their providers and health plans in a timely manner.

Manifest MedEx partners with [Selfie](#), a first-in-class, secure patient identity verification and electronic records access service, to provide a simple and secure way for you to download a copy of the health data we have received on you from providers, hospitals, health plans, and other health care organizations that share information for permitted purposes under HIPAA, as required by state or federal law, and as authorized. Selfie uses CLEAR® I.D. to verify your identity and provide you with access to your health records.

Using the QR code below, any adult patient with a valid government issued I.D. can use a mobile device with camera access to quickly create an account, have their identity verified, and then obtain a copy of their health information from Manifest MedEx, all for free. Minors and patients without a valid I.D. must contact their providers directly to obtain their records. Selfie uses CLEAR to verify your identity and ensure the person requesting access to health information is who they say they are. Be sure to read the [Selfie](#) and [CLEAR](#) privacy policies before you use this service.

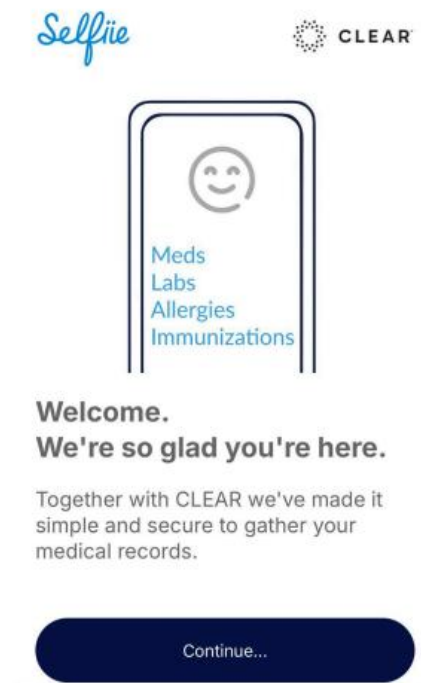
You may also get some data from other locations in the country where you have previously had treatment if those facilities have partnered with Selfie or other nationwide data networks.

How to Access Your Records via Manifest MedEx:

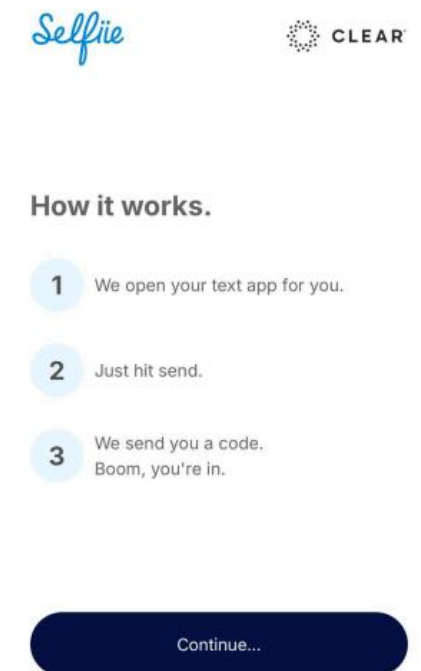
1. Simply scan the QR code to navigate to Selfie.com.



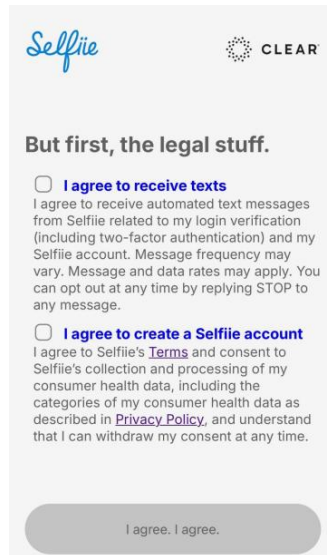
2. After scanning the QR code, you will be greeted with a Welcome screen from Selfiee.



3. After clicking "Continue," you will be shown a brief overview of the next steps.



- Next, you will be asked to consent to the Selfie Terms of Service. You must select both options to proceed.



Selfie CLEAR

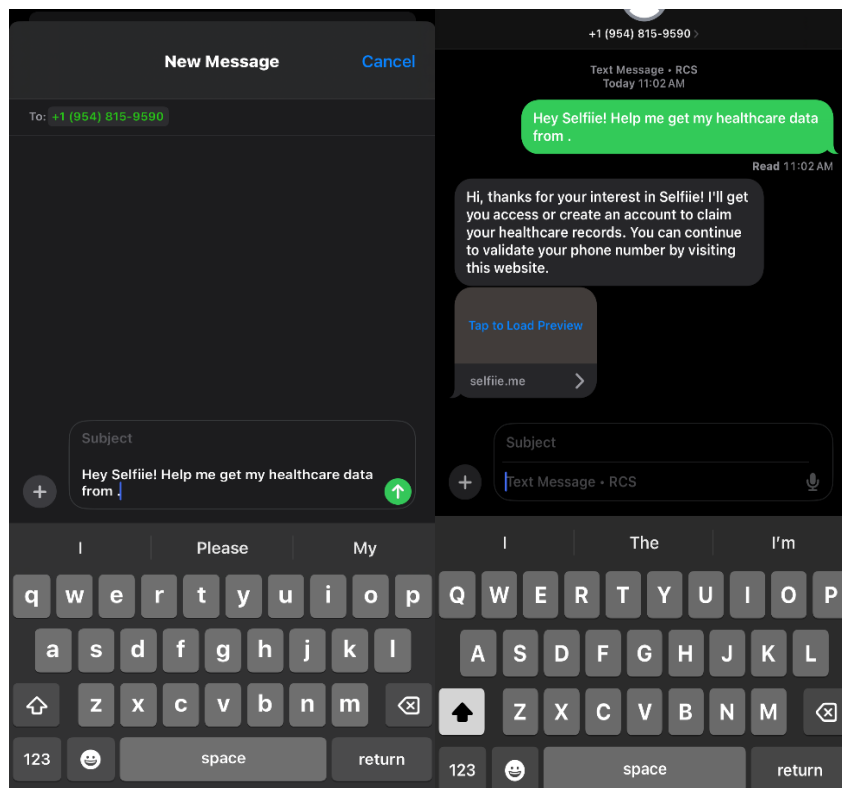
But first, the legal stuff.

☐ **I agree to receive texts**
I agree to receive automated text messages from Selfie related to my login verification (including two-factor authentication) and my Selfie account. Message frequency may vary. Message and data rates may apply. You can opt out at any time by replying STOP to any message.

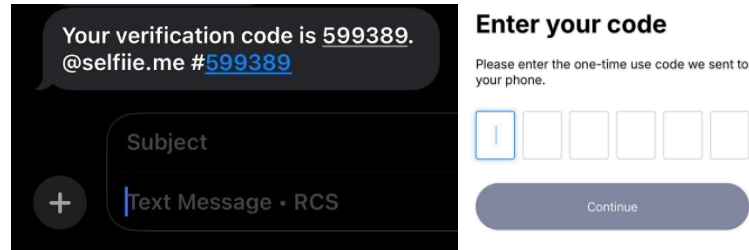
☐ **I agree to create a Selfie account**
I agree to Selfie's [Terms](#) and consent to Selfie's collection and processing of my consumer health data, including the categories of my consumer health data as described in [Privacy Policy](#), and understand that I can withdraw my consent at any time.

I agree. I agree.

- After agreeing to the terms, Selfie will open your text message app and create a pre-populated message. The user must hit send, and Selfie will then send you a link to begin the onboarding process.



6. Upon clicking that link, you will be asked to enter a one-time code that Selfie will send to your phone via your Messages app. Once you enter your code, hit “Continue.”



The screenshot shows a mobile app interface. On the left, a dark grey message bubble contains the text: "Your verification code is 599389. @selfie.me #599389". Below this is a text input field with the placeholder "Subject". At the bottom left of the input area is a circular button with a plus sign. To the right of the input field is a label "Text Message • RCS". On the right side of the screen, the heading "Enter your code" is displayed. Below it, a smaller text says "Please enter the one-time use code we sent to your phone." There are five empty square boxes for entering the code, with the first box containing the digit "1". Below the boxes is a blue button labeled "Continue".

7. Next, you will be brought to a Welcome screen from Selfie and will need to select “Get My Data” to continue through the onboarding process.

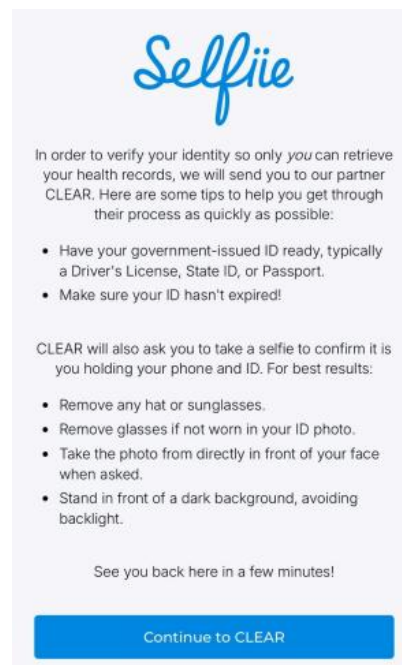
Welcome to Selfie

Welcome to your brand new selfie! Here you will be able to fully view and control your healthcare.

Now let's reach out to the healthcare networks to get your healthcare data!

Get My Data

8. Selfie will take you to an Identity Proofing screen to help you prepare information that CLEAR will request on the next screen.



The screenshot shows the "Selfie" app's Identity Proofing screen. At the top is the "Selfie" logo in a blue script font. Below it, a paragraph reads: "In order to verify your identity so only you can retrieve your health records, we will send you to our partner CLEAR. Here are some tips to help you get through their process as quickly as possible:". This is followed by a bulleted list:

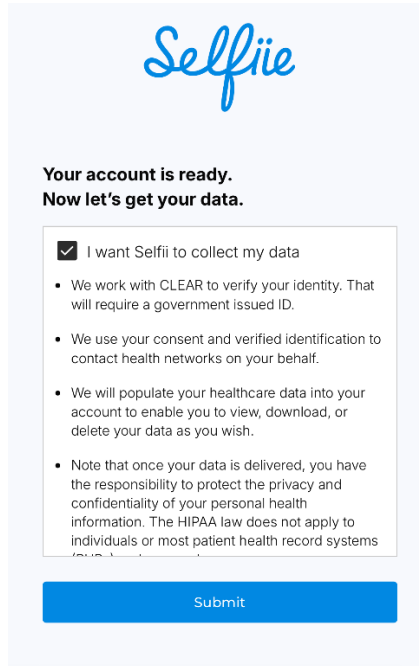
- Have your government-issued ID ready, typically a Driver's License, State ID, or Passport.
- Make sure your ID hasn't expired!

Below this, another paragraph states: "CLEAR will also ask you to take a selfie to confirm it is you holding your phone and ID. For best results:". This is followed by another bulleted list:

- Remove any hat or sunglasses.
- Remove glasses if not worn in your ID photo.
- Take the photo from directly in front of your face when asked.
- Stand in front of a dark background, avoiding backlight.

At the bottom, a line of text says "See you back here in a few minutes!". Below this is a blue button labeled "Continue to CLEAR".

9. Next, you will be prompted to opt-in to Selfii collecting your data. You may scroll through the text box to read terms and conditions, and once you click the checkbox, you may hit “Submit.”



Selfii

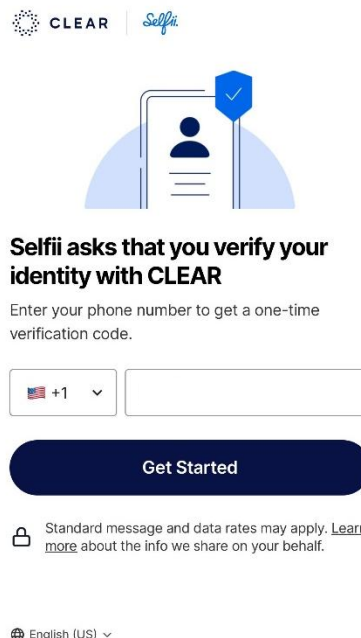
**Your account is ready.
Now let's get your data.**

☒ I want Selfii to collect my data

- We work with CLEAR to verify your identity. That will require a government issued ID.
- We use your consent and verified identification to contact health networks on your behalf.
- We will populate your healthcare data into your account to enable you to view, download, or delete your data as you wish.
- Note that once your data is delivered, you have the responsibility to protect the privacy and confidentiality of your personal health information. The HIPAA law does not apply to individuals or most patient health record systems.

Submit

10. Selfii will ask you to verify your identity with CLEAR by providing your phone number. Once you enter your phone number, tap “Get Started.”




CLEAR | **Selfii**

Selfii asks that you verify your identity with CLEAR

Enter your phone number to get a one-time verification code.

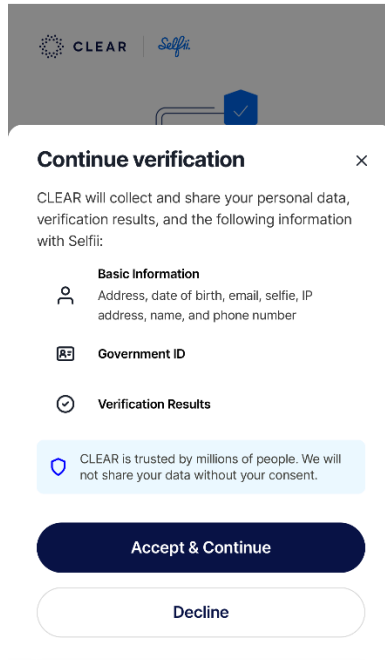
+1

Get Started

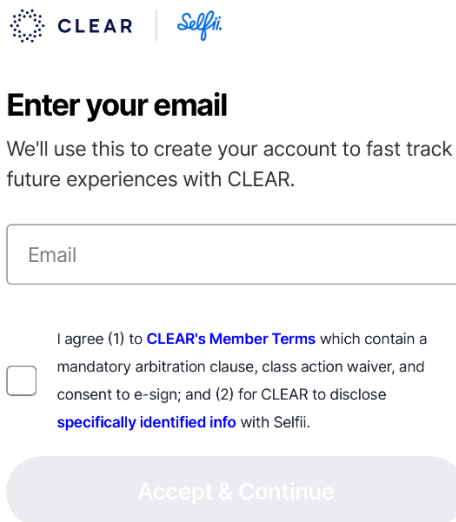
 Standard message and data rates may apply. [Learn more](#) about the info we share on your behalf.

English (US) ▾

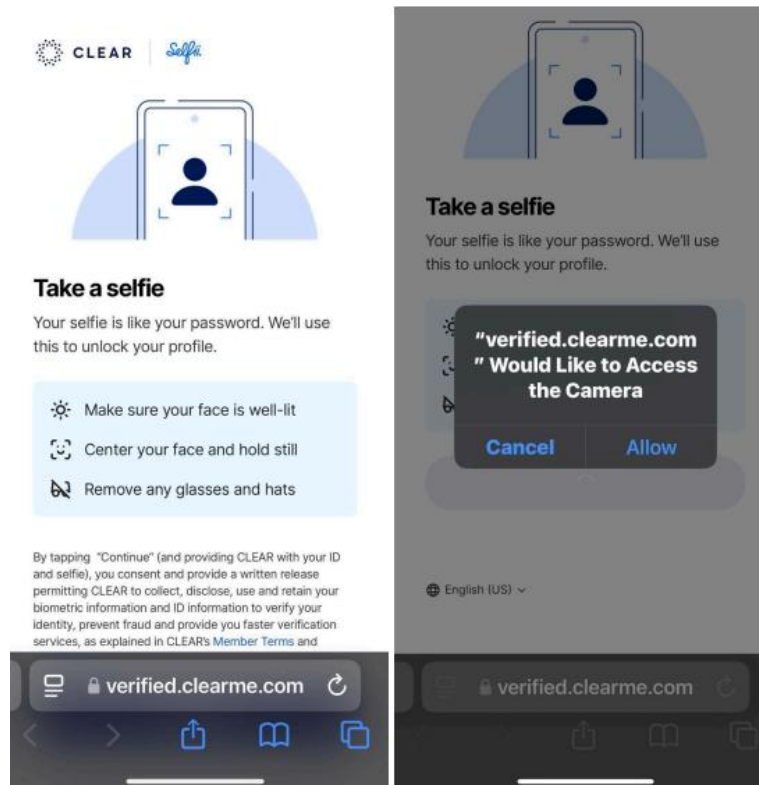
11. Before continuing, a pop-up box will ask you to “Accept & Continue” or “Decline” CLEAR’s ability to collect and share your personal data, verification results, and addition information (as listed) with Selfii.



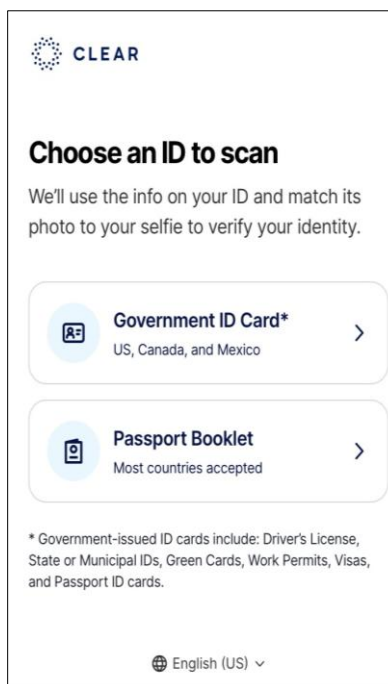
12. Once accepted, CLEAR will send you a code to enter, then immediately direct you to provide an email address to create your account.



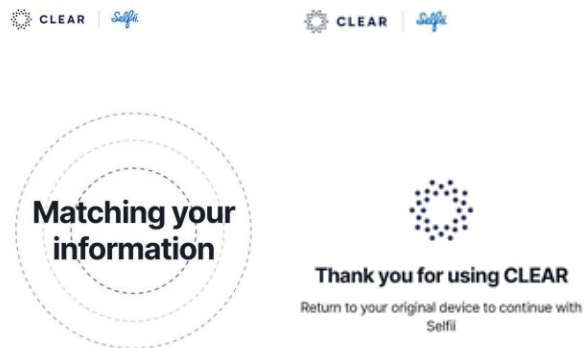
13. After you create your account, CLEAR will ask you to take a selfie.



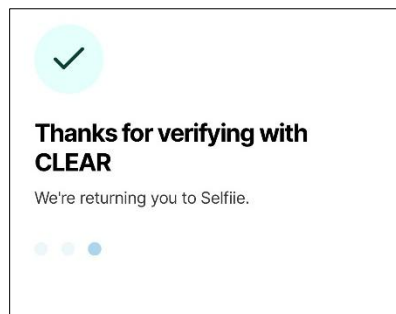
14. Then, you will be asked to verify your identity.



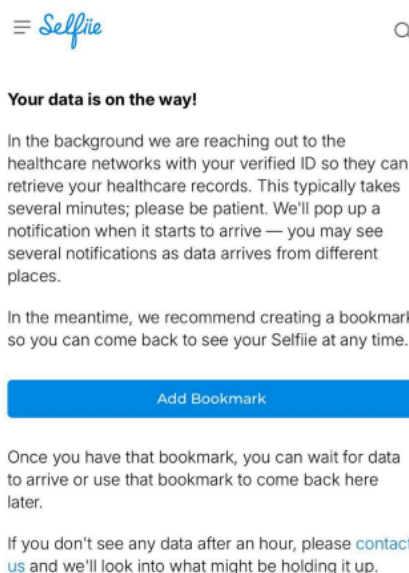
15. After your identity has been verified via CLEAR, you will be redirected to Selfiee.



16. Next, you will be automatically redirected to Selfiee.com.



17. The service will search for your records, and in the meantime, it is suggested that you bookmark the page to return. This process may take several minutes.

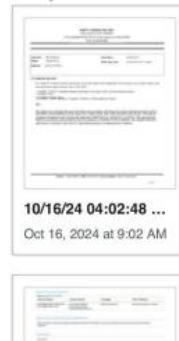


18. If records are found, they will be available as both human (PDF) and machine-readable versions (XML).

Your Documents

Download your documents if you wish to save them locally. If you do not wish to store them on Selfii, download them, and you can use the delete documents button to purge them from our database.

Clinical Health Summaries (from CCD XML)



19. Your raw data, usually in the form of a CCD, will take some time to process. Eventually your data will display in a timeline view from oldest to most recent events at the top. There will also be an AI generated patient summary at the top. Health data from Manifest MedEx will have “MX” in the file name.

Conditions	Infiltrating duct carcinoma of left female breast	<p>Given her complex medical condition and extensive medication regimen, Tania requires careful monitoring and regular follow-ups to manage her breast cancer treatment, potential side effects, and overall health.</p> <p>06-28-2017</p> <p>Medical Diagnoses</p> <p>Infiltrating duct carcinoma of left female breast</p> <p>Metastatic malignant neoplasm to liver</p> <p>Secondary malignant neoplasm of bilateral lungs</p> <p>Metastatic malignant neoplasm to lymph nodes of neck</p> <p>Acral erythema due to cytotoxic therapy</p> <p>06-12-2017</p> <p>Social history</p> <p>TOBACCO USE</p> <p>Never smoker</p> <p>06-10-2017</p> <p>Medications</p> <table border="1"> <thead> <tr> <th>MEDICATION</th> <th>DOSE</th> <th>ROUTE</th> <th>FREQUEN</th> </tr> </thead> <tbody> <tr> <td>fluorouracil</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	MEDICATION	DOSE	ROUTE	FREQUEN	fluorouracil			
MEDICATION	DOSE		ROUTE	FREQUEN						
fluorouracil										
Medications	24 HR venlafaxine 75 MG [show] Extended Release Oral Capsule Goserelin Acetate (ZOLADEX SC) Methylphenidate HCl (RITALIN LA PO) ACYCLOVIR PO Capecitabine (XELODA PO)									
Allergies	ALLERGENIC EXTRACT, PENICILLIN Aspirin Codeine									
Emergency	Anil Sethi +1 (234) 567-8999 info@selfii.com									
Insurance	Blue Cross Blue Shield (BCBS148944)									
Advance Directives	POLST.pdf									

Ability to edit fields coming soon

Tania Sethi is a 48-year-old woman who has been diagnosed with infiltrating duct carcinoma of the left breast. This is her primary health concern.

To manage her condition, Tania is on a complex medication regimen. For her cancer treatment, she's taking oral capecitabine (Xeloda) and receiving subcutaneous injections of goserelin



Questions? Check out Manifest MedEx's [Individual Access Frequently Asked Questions \(FAQs\)](#), or for any issues related to Selfie like logging in or I.D. verifications, please contact support@selfii.com. General questions related to Manifest MedEx should be directed to support@manifestmedex.org.