

Manifest MedEx Individual Access User Guide

At Manifest MedEx, we make it easy for patients to have *electronic access* to their health records to support their health and wellbeing. Having real-time access to health records enables patients to better coordinate care with their providers and health plans in a timely manner.

Manifest MedEx partners with [Selfie](#), a first-in-class, secure patient identity verification and electronic records access service, to provide a simple and secure way for you to download a copy of the health data we have received on you from providers, hospitals, health plans, and other health care organizations that share information for permitted purposes under HIPAA, as required by state or federal law, and as authorized. Selfie uses CLEAR® I.D. to verify your identity and provide you with access to your health records.

Using the QR code below, any adult patient with a valid government issued I.D. can use a mobile device with camera access to quickly create an account, have their identity verified, and then obtain a copy of their health information from Manifest MedEx, all for free. Minors and patients without a valid I.D. must contact their providers directly to obtain their records. Selfie uses CLEAR to verify your identity and ensure the person requesting access to health information is who they say they are. Be sure to read the [Selfie](#) and [CLEAR](#) privacy policies before you use this service.

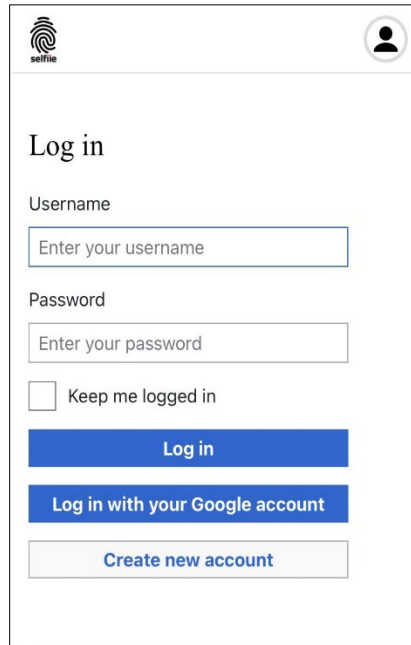
You may also get some data from other locations in the country where you have previously had treatment if those facilities have partnered with Selfie or other nationwide data networks.

How to Access Your Records via Manifest MedEx:

1. Simply scan the QR code to navigate to Selfie.com.

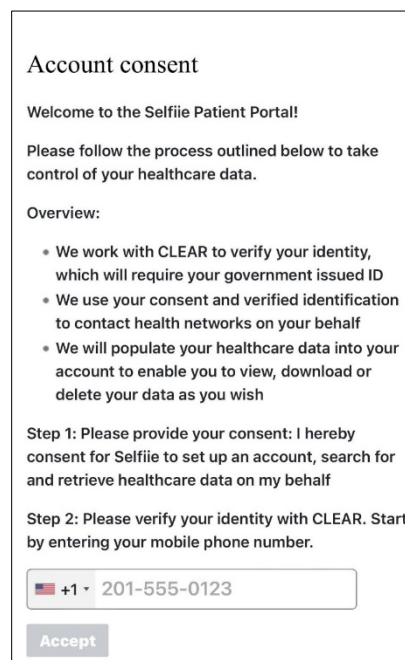


2. Once the Selfie login screen appears, click “create a new account” and select a username and password. After an account is created, you will be asked to login with the common authenticator, Google.



The image shows a mobile application login screen for 'Selfie'. At the top left is the 'selfie' logo, and at the top right is a user profile icon. The main heading is 'Log in'. Below it are two input fields: 'Username' with the placeholder 'Enter your username' and 'Password' with the placeholder 'Enter your password'. There is a checkbox labeled 'Keep me logged in'. At the bottom, there are three buttons: a blue 'Log in' button, a blue 'Log in with your Google account' button, and a grey 'Create new account' button.

3. After login/account creation, you will be asked to provide consent for Selfie to search for data on your behalf.



The image shows an 'Account consent' screen. The title is 'Account consent'. Below it is the text 'Welcome to the Selfie Patient Portal!'. The main text reads: 'Please follow the process outlined below to take control of your healthcare data.' Under 'Overview:', there is a bulleted list:

- We work with CLEAR to verify your identity, which will require your government issued ID
- We use your consent and verified identification to contact health networks on your behalf
- We will populate your healthcare data into your account to enable you to view, download or delete your data as you wish

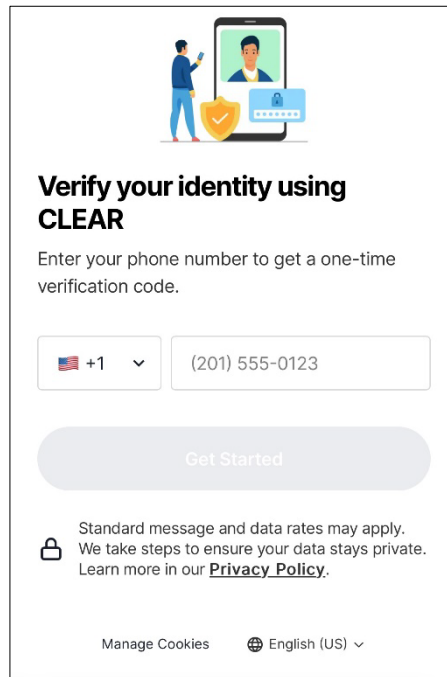
Below the list, there are two steps:

Step 1: Please provide your consent: I hereby consent for Selfie to set up an account, search for and retrieve healthcare data on my behalf

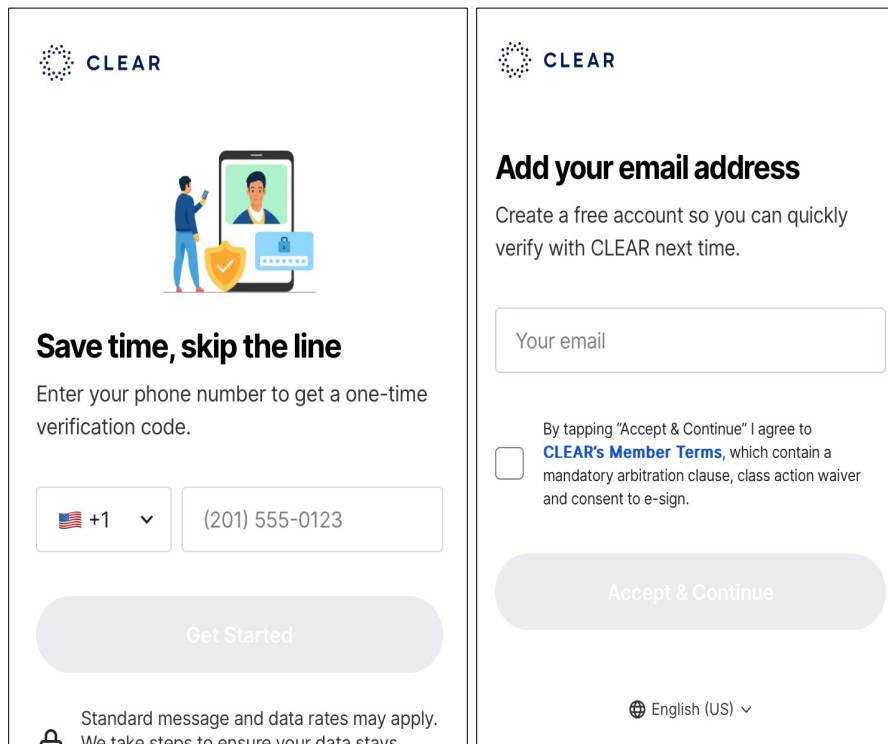
Step 2: Please verify your identity with CLEAR. Start by entering your mobile phone number.

At the bottom, there is a phone number input field with a dropdown menu showing '+1' and the number '201-555-0123'. Below the input field is a grey 'Accept' button.

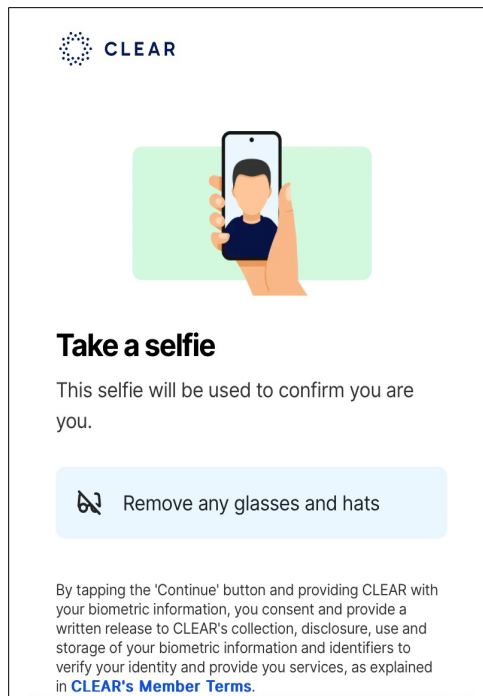
- Next, use CLEAR to verify your identity for faster password reset/account creation.



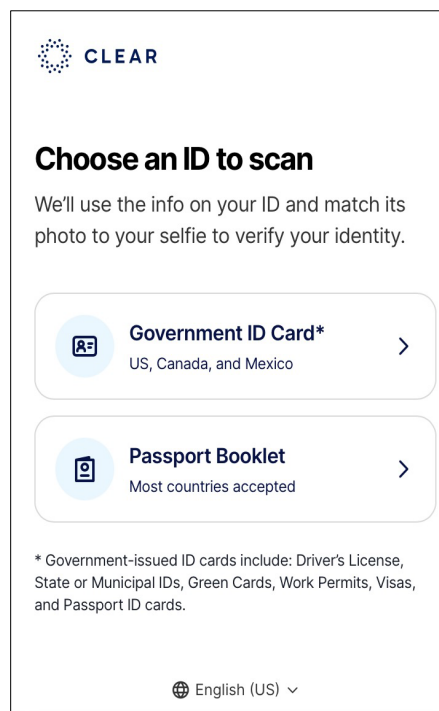
- CLEAR will request basic information, like mobile number and email address.



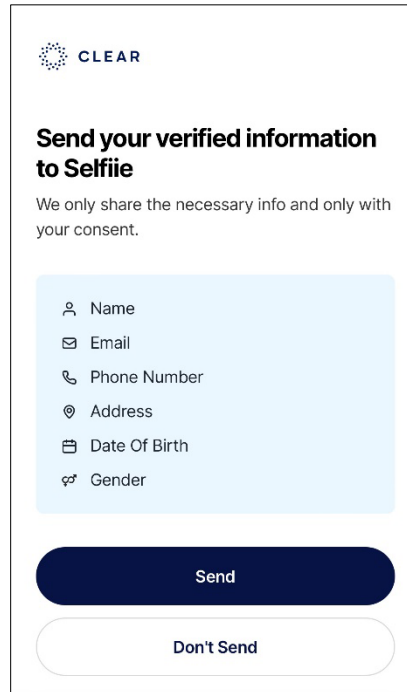
6. After collecting this information, you will be asked to take a selfie.



7. Then you will be asked to scan your government issued I.D.

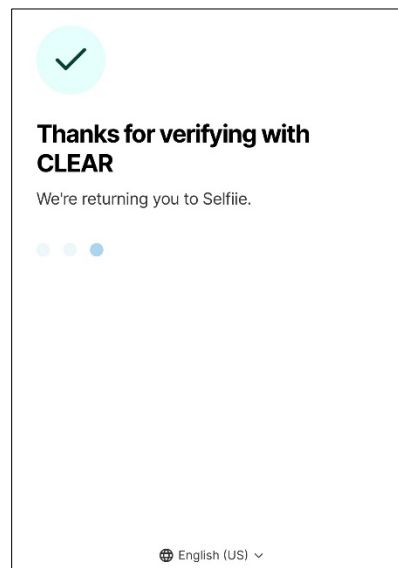


8. After your identity has been verified via CLEAR, click send to consent to share I.D. information with Selfie. This is the data that will be used to search for your health records, including from Manifest MedEx.



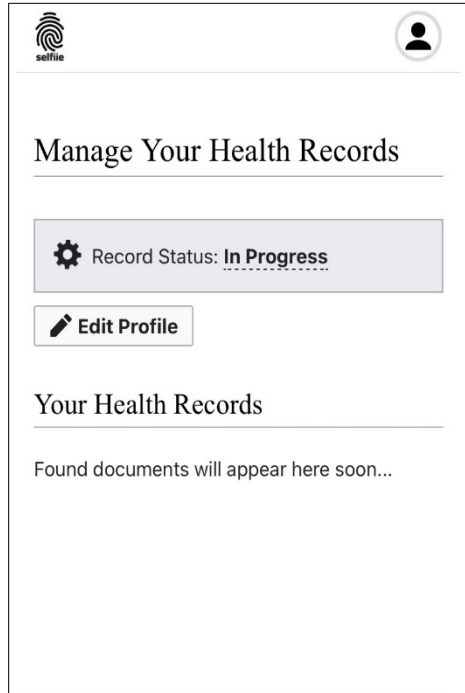
The image shows a mobile screen with the CLEAR logo at the top left. The main heading is "Send your verified information to Selfie". Below this is a sub-heading: "We only share the necessary info and only with your consent." A light blue box contains a list of data points: Name, Email, Phone Number, Address, Date Of Birth, and Gender, each with a small icon. At the bottom, there are two buttons: a dark blue "Send" button and a white "Don't Send" button.

9. Next you will be automatically redirected to Selfie.com.

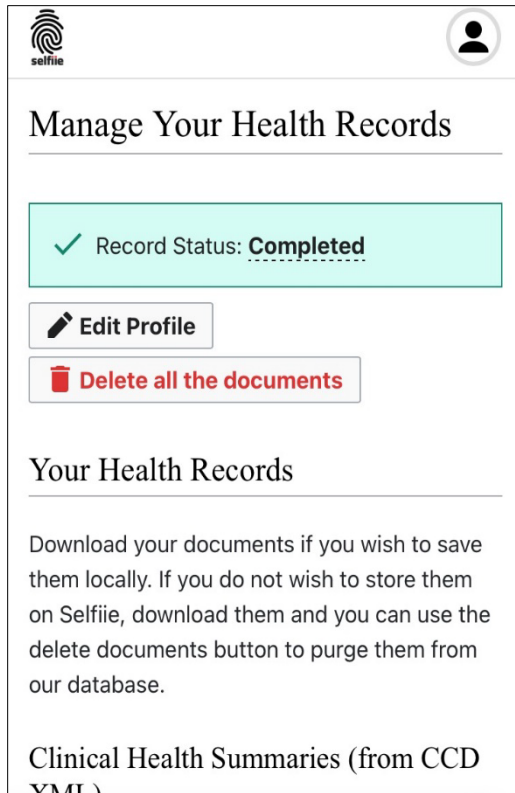


The image shows a mobile screen with a green checkmark icon in a circle at the top left. The main heading is "Thanks for verifying with CLEAR". Below this is a sub-heading: "We're returning you to Selfie." At the bottom, there is a language selector showing "English (US)" with a dropdown arrow.

10. The service will search for your records, displaying that the search is “**in progress.**”
This process may take several minutes.



11. If records are found, they will be available as both human (PDF) and machine-readable versions ([XML](#)). Health data from Manifest MedEx will have “MX” in the file name.



selfie

Manage Your Health Records

✓ Record Status: **Completed**

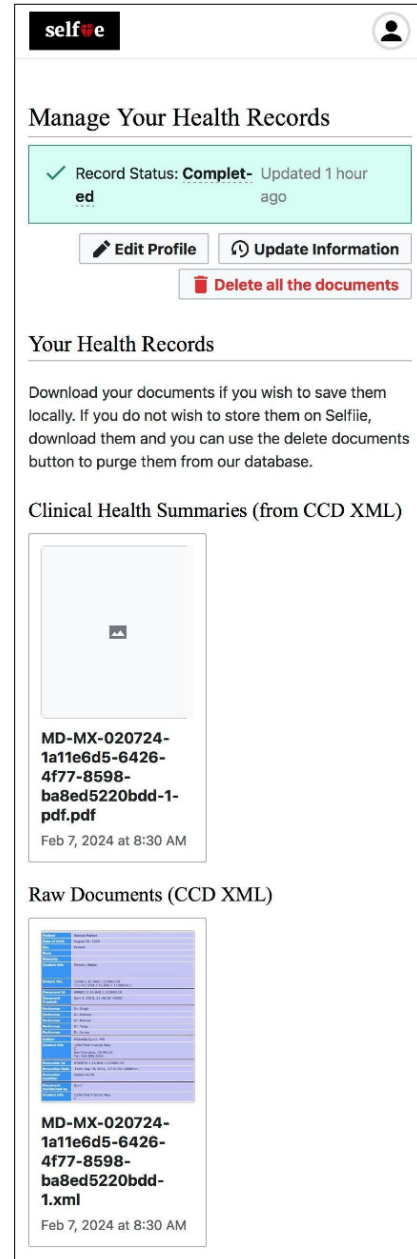
Edit Profile

Delete all the documents

Your Health Records

Download your documents if you wish to save them locally. If you do not wish to store them on Selfie, download them and you can use the delete documents button to purge them from our database.

Clinical Health Summaries (from CCD XML)



selfie

Manage Your Health Records

✓ Record Status: **Completed** Updated 1 hour ago

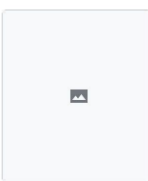
Edit Profile Update Information

Delete all the documents

Your Health Records

Download your documents if you wish to save them locally. If you do not wish to store them on Selfie, download them and you can use the delete documents button to purge them from our database.

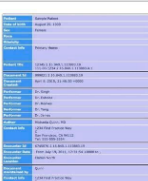
Clinical Health Summaries (from CCD XML)



MD-MX-020724-1a11e6d5-6426-4f77-8598-ba8ed5220bdd-1-pdf.pdf

Feb 7, 2024 at 8:30 AM

Raw Documents (CCD XML)



MD-MX-020724-1a11e6d5-6426-4f77-8598-ba8ed5220bdd-1.xml

Feb 7, 2024 at 8:30 AM

Questions? Check out Manifest MedEx's [Individual Access Frequently Asked Questions \(FAQs\)](#), or for any issues related to Selfie like logging in or I.D. verifications, please contact support@selfie.com. General questions related to Manifest MedEx should be directed to support@manifestmedex.org.